**The End of the Cold War: The Expansion of Democracy and Continuing Challenges
A. The American Policy of Détente**

 • Diplomatic opening to China

 • Strategic Arms Limitation Talks

 • Jimmy Carter’s human rights basis for diplomacy

 **B. Breakup of the USSR**

 • History

 Arms race exhausts USSR economy, Afghanistan War

 Helsinki Accord on human rights, Andrei Sakharov

 Mikhail Gorbachev

 Solidarity labor movement, Lech Walesa

 Reunification of Germany, demolition of the Berlin Wall

 • Geography

 Consequences of the breakup of the Soviet Union

 New European states from former Soviet Union: Belarus, Latvia, Lithuania, Moldova, Ukraine

 Newly independent Muslim states in Asia (with ethnic Russian minorities): Kazakstan, Kyrgyzstan,
 Turkmenistan, Uzbekistan

 Caucasus, mountainous region where Western and Islamic cultures meet: Armenia, Azerbaijan, Georgia

 • Legacies of Soviet policies

 Numerous internal republics, many language distinctions

 Forced relocation of large numbers of ethnic minorities

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 **C. Contemporary Europe**

 • Toward European unity

 European Economic Community, “Common Market”

 European Parliament, Brussels, Maastricht Treaty on European Union

 France linked to Britain by the Channel Tunnel (“Chunnel”)

 European Union; the Euro

 • Conflict and change in Central Europe

 Geography of the Balkan region

 Ethnically fragmented, mixture of languages and religions

 Mountainous region, Danube River

 Seas: Adriatic, Ionian, Black, Aegean, Mediterranean

 Romania, Bulgaria, Greece, Albania

 Countries that emerged from the breakup of Yugoslavia: Slovenia, Croatia, Bosnia and Herzegovina,
 Macedonia

 Bosnian conflict

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